

PREVENTION OF DEMENTIA



Nilesh Shah

- Class monitor in the 3rd std.
- 3rd prize in the running competition in the 6th std.
- Acted in a drama in 9th std.

- **Working at Sion Hospital, Mumbai, as a full-timer since 1988, as did not get attachment at any other hospital as consultant**
- **Prepared a test for cognitive assessment and cognitive exercises**
- **Likes watching Hindi movies, travelling and roadside food**
- **Married and has twin daughters**
- **Premorbid personality: Overanxious**

SCHOOL REFUSAL



Dr Kersi chavda

- Past president of the bombay Psychiatry Society
- consultant at the PD Hinduja National, Hinduja Healthcare and the Sir HNReliance foundation hospitals
- Had been chairperson of the task force of the INdian Psychiatric society (IPS) dealing with school psychiatry and counselling

- Currently chairperson of the IPS Task Force dealing with College Psychiatry.
- Been working more than 35 yrs
- Field of interest is kids.. had been part of the first panel of the Maharashtra government that had laid down concessions for Learning Disabilities in Mumbai

JUDICIOUS USE OF BENZODIAZEPINE



DR MONALI DESHPANDE

Aurangabad

- Consultant psychiatrist Mindseye clinic practising since 12 yrs
- Interest in child psychiatry and transactional analysis
- Poet ,dancer and a student for life

DERMATOLOGY AND PSYCHIATRY

Dr Narendra Patwardhan



- Dermatologist from Pune. Specialized training in London and Tel Aviv , Israel, for dermatosurgery, lasers and hair transplants. Established hair transplant unit in Pune under the name Trichotransform and performing hair transplants since last 14 years. Recipient of ISHRS grants twice.
- He is an ex president of Maharashtra branch of IADVL, AHRS India, ACSI and past vice president of national IADVL. He is ISHRS CME Committee member for the year 2015 and 2016. Organising chair person for Haircon 2015 and ACSICON 2016.
- Has presented many papers in National and International conferences. Chief editor of the book on Alopecia. Has written a chapter on Hair transplant surgery in the ACSI's text book of dermatosurgery.
- A sports man with interest in Badminton, long distance cycling, trekking and photography.

ECT – MYTHS AND FACTS



DR VIDYADHAR WATVE

**Consultant Psychiatrist
Attached To Poona
Hospital**

Past President of Indian Psychiatric Society

- **Publications**

- **Papers**

- Beneficial effects of Yoga lifestyle on reversibility of Ischaemic Heart Disease: Caring Heart Project of International Board of Yoga.
- J Yogendra, Hansaji J Yogendra, S Ambardekar, R D Lele, S Shetty, M Dave, Naaznin Hussein. Journal of Association of Physicians of India, vol 52, April 2004
- A comparative study of Psychological factors in patients with normal and abnormal angiographic findings: Drs. M Dave, H S Dhavale. Indian Journal Of Psychiatry, vol 41, no. 4, October 1999

- **Books and articles**

- "How to reverse Heart Disease: The Yogic Way - Research, Facts and Programme." Co-Author. International Board of Yoga. 2004
- Articles on Menopause, Child abuse and Emotional intelligence in Yoga and Total health, A publication of the Yoga Institute, Mumbai.

- **Awards**

- Appointed as “Yoga Anveshak” for the year 2000 – 2001 [International Board of Yoga, Yoga Institute, Santacruz, 16 November 2000]
- Bombay Psychiatry Society Silver Jubilee prize [Psychological aspects of chest pain in patients with normal and abnormal angiographic findings: Annual National Conference of the Indian Psychiatry Society, Bhubaneshwar, January 1999]

ADDICTION



Dr. Vivek Benegal

Professor of Psychiatry, Centre for Addiction
Medicine, Department of Psychiatry, Bangalore India
560029

Email: vbenegal@gmail.com

Areas of Research Interest:

- 1] Epidemiology of alcohol misuse in India especially related to impact of, and harms to others from alcohol misuse;
- 2] Alcohol Policy and Advocacy;
- 3] Neurobiology and genetics of vulnerability to alcohol dependence;

PATHOPHYSIOLOGY OF PSYCHIATRIC DISORDER



Malay Dave

Qualifications

Diplomate of the National Board of Examinations
(Psychiatry)

December 1998 MD (Psychological Medicine)

January 1997

DPM (Psychological Medicine)

Professional experience

Consulting Psychiatrist in private practice since September 1997.

Visiting Psychiatrist at The Yoga Institute, Santacruz, Mumbai
(May 1997 – May 2014)

- **Publications**

- **Papers**

- Beneficial effects of Yoga lifestyle on reversibility of Ischaemic Heart Disease: Caring Heart Project of International Board of Yoga.
- J Yogendra, Hansaji J Yogendra, S Ambardekar, R D Lele, S Shetty, M Dave, Naaznin Hussein. Journal of Association of Physicians of India, vol 52, April 2004
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- **Awards**

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- Bombay Psychiatry Society Silver Jubilee prize [Psychological aspects of chest pain in patients with normal and abnormal angiographic findings: Annual National Conference of the Indian Psychiatry Society, Bhubaneshwar, January 1999]



INSOMNIA

DR RAVI GUPTA

MD,PhD,MAMS

Certified Sleep Physician(world sleep foundation)

Additional Professor

Department of Psychiatry

All India Institute of Medical sciences, Rishikesh

Peer-reviewed Publications

Total : 120 National and international; Focused on Neuropsychiatry and Sleep Disorders

Chapters in books: 14 in Indian books, 4 in international books

Books Authored:

Gupta R. Psychiatry for beginners. Elsevier India Private Ltd. 1st ed. New Delhi, India. 2016

Gupta R, Pandi-Perumal SR, BaHammam A. Clinical Atlas of Polysomnography. Apple Academic Press. 1st Ed. New Jersey, USA, 2018

- **Editorial Positions**

- 2017-19 Editor-in-Chief, *Sleep and Vigilance*, Official Journal of Indian Society for Sleep Research

- **Notable Honors and awards received:**

- Elected as the **member** of **Natioanl Academy of Medical Sciences**, New Delhi (2016)
- Mini Fellowship in Sleep Medicine from American Academy of Sleep Medicine to improve skills in designated area (2010)
- **Young Psychiatrist Fellowship (2009)** from the Japanese Society of Psychiatry and Neurology to attend the fellowship program in International Conference of Japanese Society of Psychiatry and Neurology held in Kobe (Japan).
- **Young Psychiatrist Fellowship (2008)** from the World Psychiatrist Association to attend the fellowship program in XIV World Congress of Psychiatry held in Prague (CZ).
- **Pune Psychiatric Association-II Award (2008)** from Indian Psychiatric Society for best published paper in a scientific journal as principal author.
- **Young Psychiatrist Award (2008)** from Indian Psychiatric Society