

# Elder Abuse



Dr. Jyoti Prakash

My hair is white & my future is dark



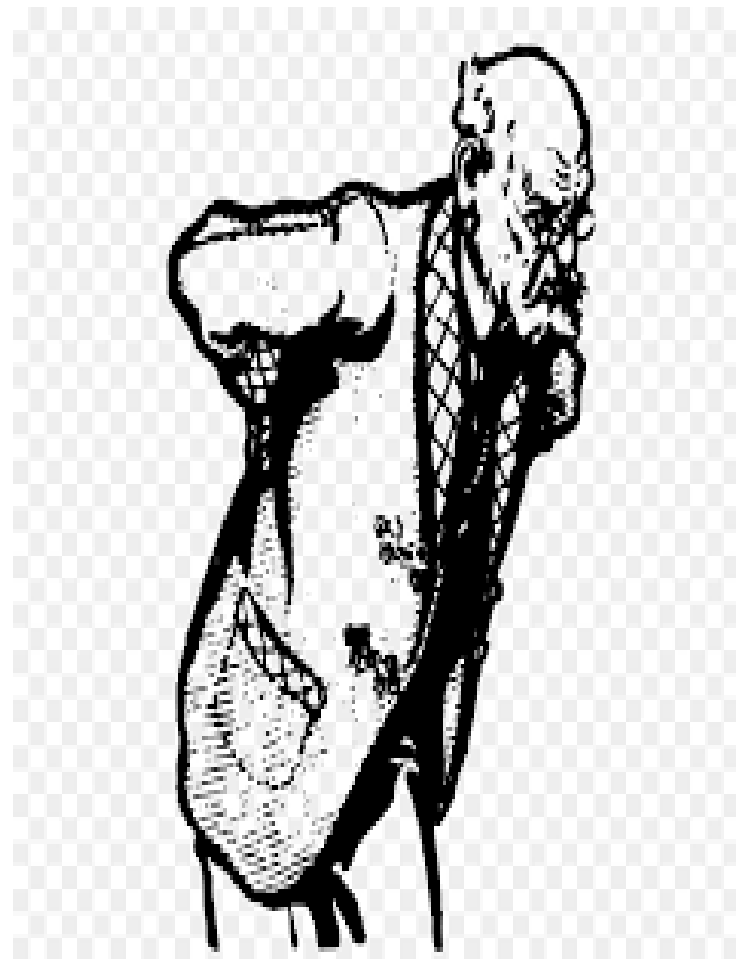
# Hearing is bad, vision has lost spark



My teeth are false, aches are true



**Love the Lord  
even to your old age**



# Desires are within but I cant do the due



#145822274

To top it all, I have larger sorrow



My FUTURE has left me for their...



TOMMORROW

# My children whom I loved to their bloom





They have left me abandoned in a room



My care scares them



Wrinkle makes them sick

& here I had wished



They would be my walking stick

I am almost dead for them



Just waiting for the grave

# O wrath of the growing up



I have been so naive

# Elder abuse



**Prof Jyoti Prakash**

MD, MAMS, PGDM, PGDCA, WHO Fellow (Johns Hopkins)

Merry Days

Wary ways



At least she has someone to bark

Kutte, Kamine,  
Main Tera Khoon  
Pi Jaunga!!





# What is elder abuse?

Single or repeated act or lack of appropriate action occurring within any relationship where there is an expectation of trust, which causes harm or distress to an older person”

**WHO**



# Six Types of Elder Abuse Exist

## Physical

Hitting, kicking, pushing, slapping, burning, or force causing injury

## Sexual

Engaging in sexual act without consent

## Emotional

Harming self-worth or emotional well-being, name calling, & scaring

## Neglect

Failing to meet basic needs like food, housing, clothing, & medical care

## Abandonment

Leaving elder alone or no longer providing care

## Financial

Illegally misusing an elder's money, property, or assets

Learn how signs of elder abuse differ from normal aging to prevent elder abuse before it happens.



VetoViolence

# International Data

## Most cases involve more than one form of abuse

**79%** involve psychological abuse

**54%** involve financial abuse

**19%** involve physical abuse

**17%** involve neglect

**1%** involve sexual abuse

Source: Age Concern Elder Abuse and Neglect Services reports, July 2016 to June 2017)



**& they thought children were investments!!!**

# National Data: “Bande Marte hum”

## Abuse rampant

A survey by HelpAge India shows that more than 60% of elders in the country felt that abuse was prevalent

■ S. JAMES

Cities covered in survey **23** Number of elders included **5,014**

### FINDINGS

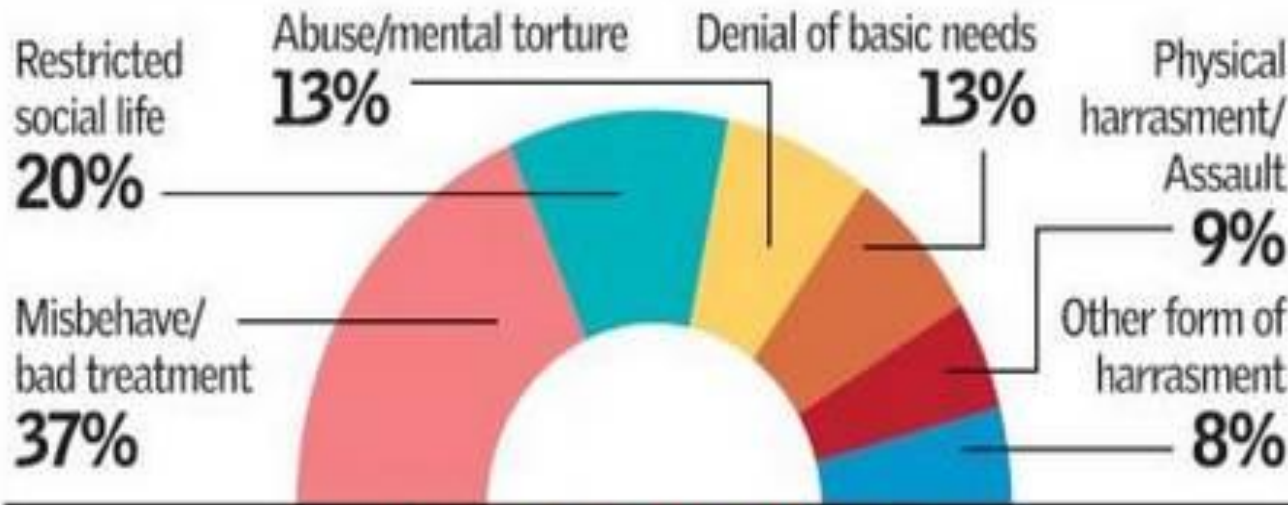
- Percentage of elders who felt that abuse was prevalent
  - National **60%**
  - Madurai **68%**
- Elders who faced abuse personally
  - National **25%**
  - Madurai **22%**
- Perpetrators of abuse

National	Madurai
Sons <b>52%</b>	Sons <b>51%</b>
Daughters-in-law <b>34%</b>	Daughters-in-laws <b>49%</b>
- Percentage of elders who did not report abuse
  - National **82%**
  - Madurai **83%**
- Percentage of elders who felt that quality time spent by their children has reduced with use of phone
  - National **64%**
  - Madurai **61%**
- Verbal abuse, disrespect and neglect are common forms
- Interest among children to live separately, perception that parents are a burden and issues related to property are the main reasons for abuse



# GRIM REALITY

After retirement, many elderly people are forced to live a life of humiliation, abuses and isolation



## KINDS OF ELDER ABUSE:

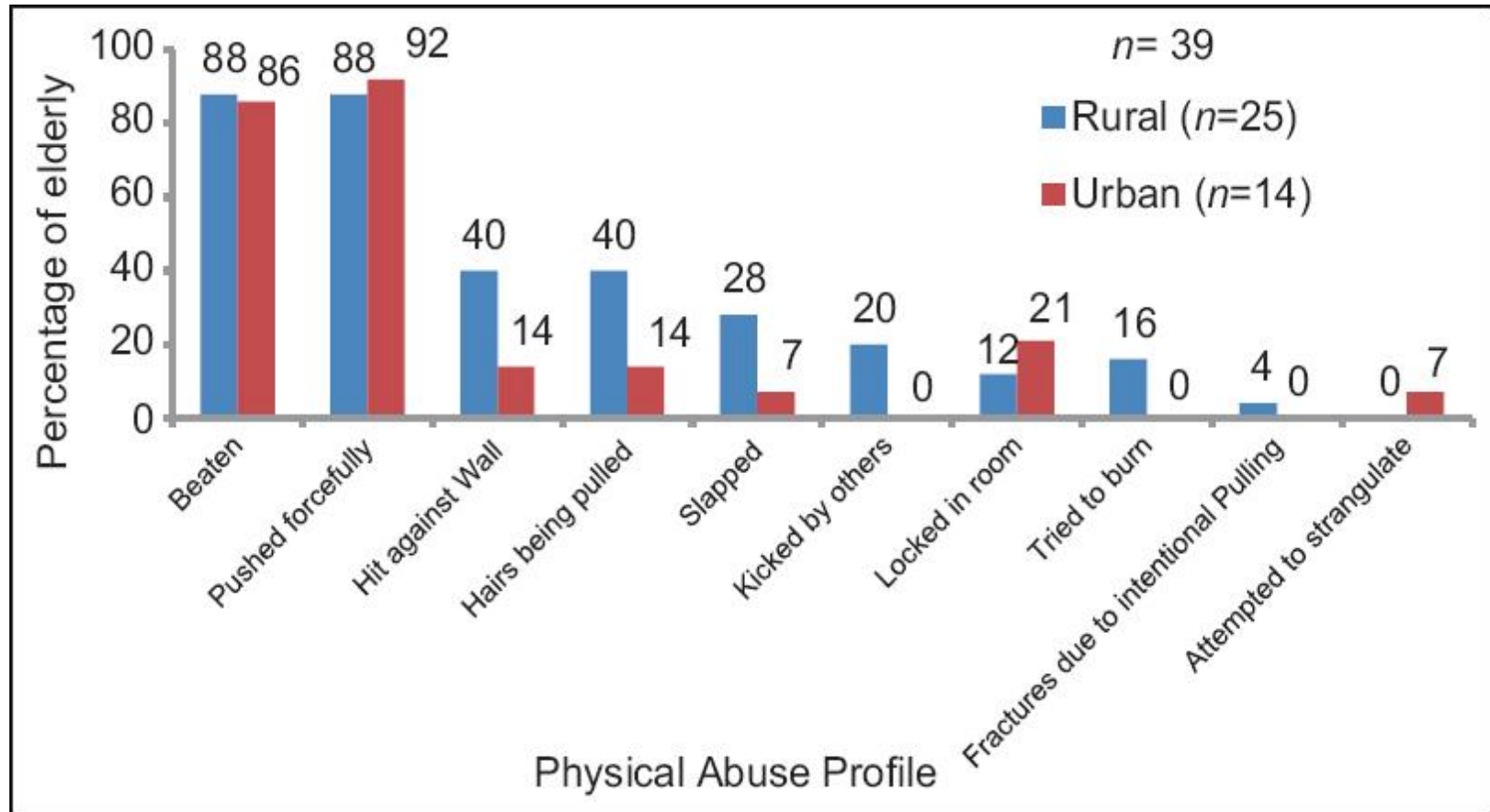
- |  |   |   |  |
|--|---|---|--|
| <ul style="list-style-type: none"> <li>Denial of food</li> </ul>                         | <ul style="list-style-type: none"> <li>Beating</li> </ul>   | <ul style="list-style-type: none"> <li>of disability</li> </ul>                 | <ul style="list-style-type: none"> <li>like clean clothes, proper food</li> </ul>                                  |
| <ul style="list-style-type: none"> <li>Denial of medical attention/ medicines</li> </ul> | <ul style="list-style-type: none"> <li>Not allowed to meet grandchildren/ outsiders/ relatives/ neighbors/ friends</li> </ul> | <ul style="list-style-type: none"> <li>Forced to do household chores</li> </ul> | <ul style="list-style-type: none"> <li>Snatching their belongings, even savings, useful legal documents</li> </ul> |
| <ul style="list-style-type: none"> <li>Abusing</li> </ul>                                | <ul style="list-style-type: none"> <li>Tied in case</li> </ul>  | <ul style="list-style-type: none"> <li>Emotional blackmailing</li> </ul>        |  |
| <ul style="list-style-type: none"> <li>Humiliation</li> </ul>                            |   | <ul style="list-style-type: none"> <li>Ignoring daily needs</li> </ul>          |  |

 I rely on my son and daughter-in-law to provide meals and medicines. My daughter-in-law orders me to wash clothes and utensils and if I deny, she threatens me of not giving me meals and medicines. When they (her son's family) go out, they lock me inside the house, all alone for long hours.

**-Savitri Devi,**  
a 71-year-old  
widow

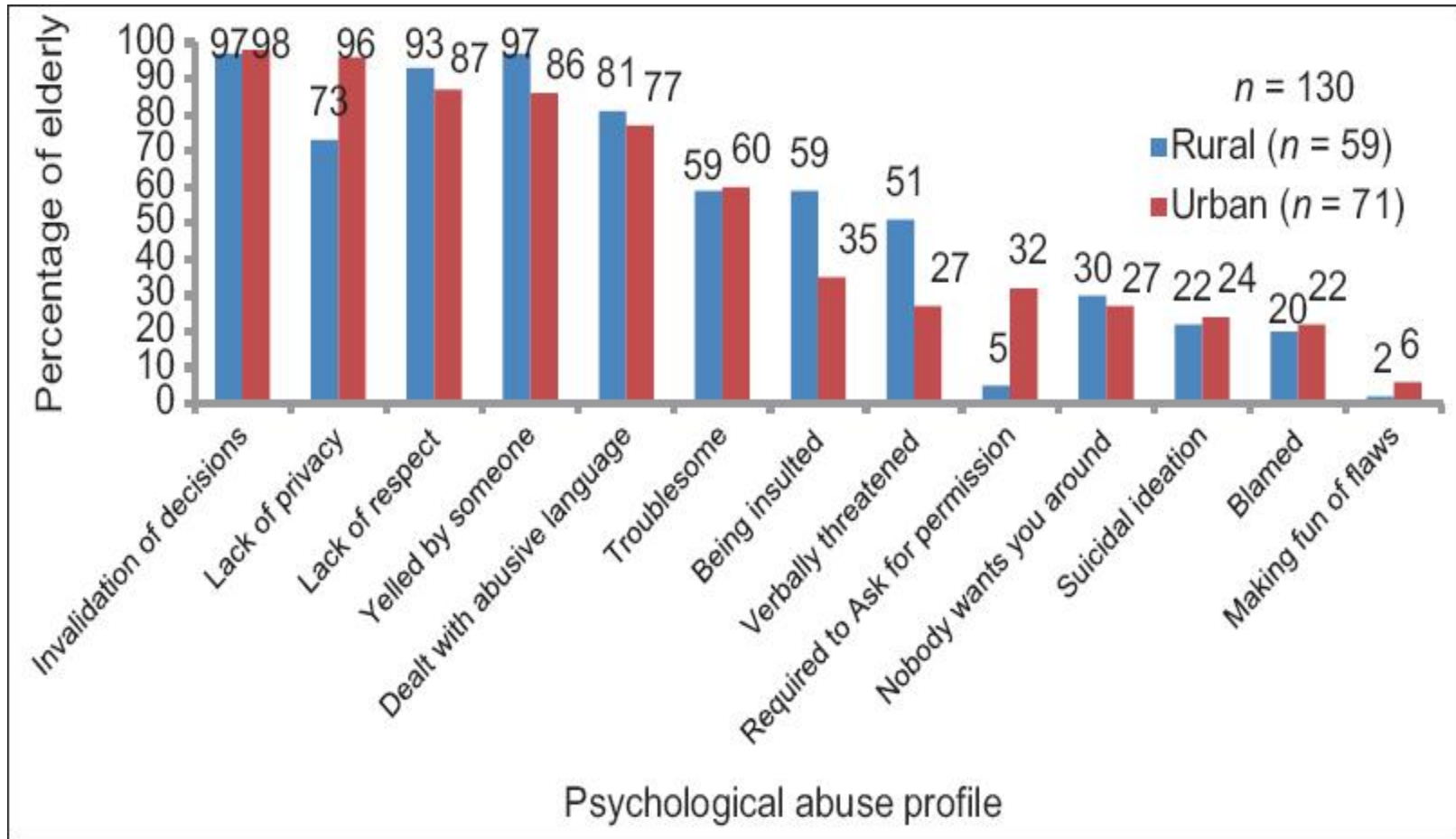


# Physical abuse



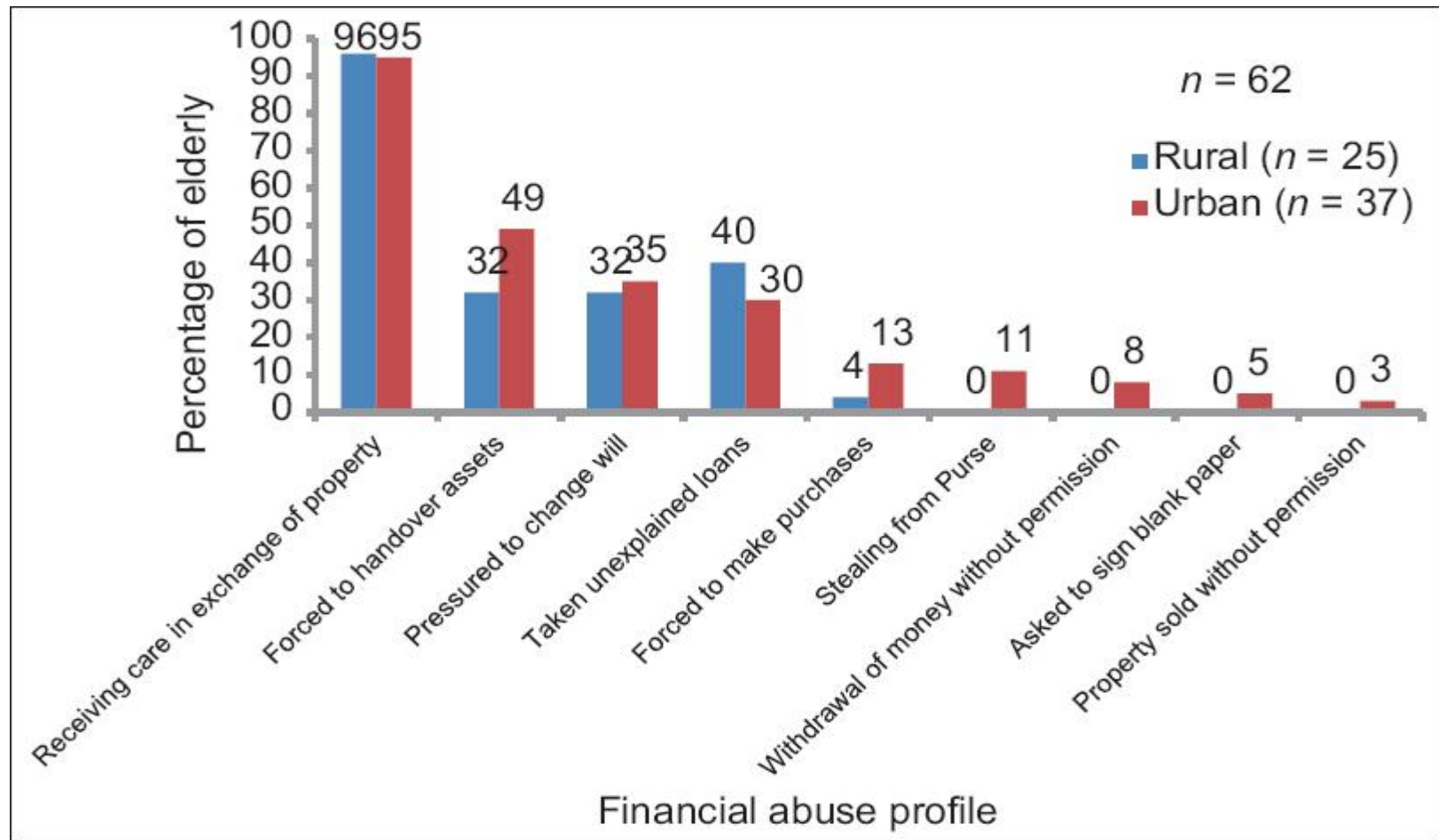
Kaur J, Kaur J, Sujata N. Comparative study on perceived abuse and social neglect among rural and urban geriatric population. *Indian J Psychiatry* 2015;57:375-8.

# Psychological abuse



Kaur J, Kaur J, Sujata N. Comparative study on perceived abuse and social neglect among rural and urban geriatric population. Indian J Psychiatry 2015;57:375-8

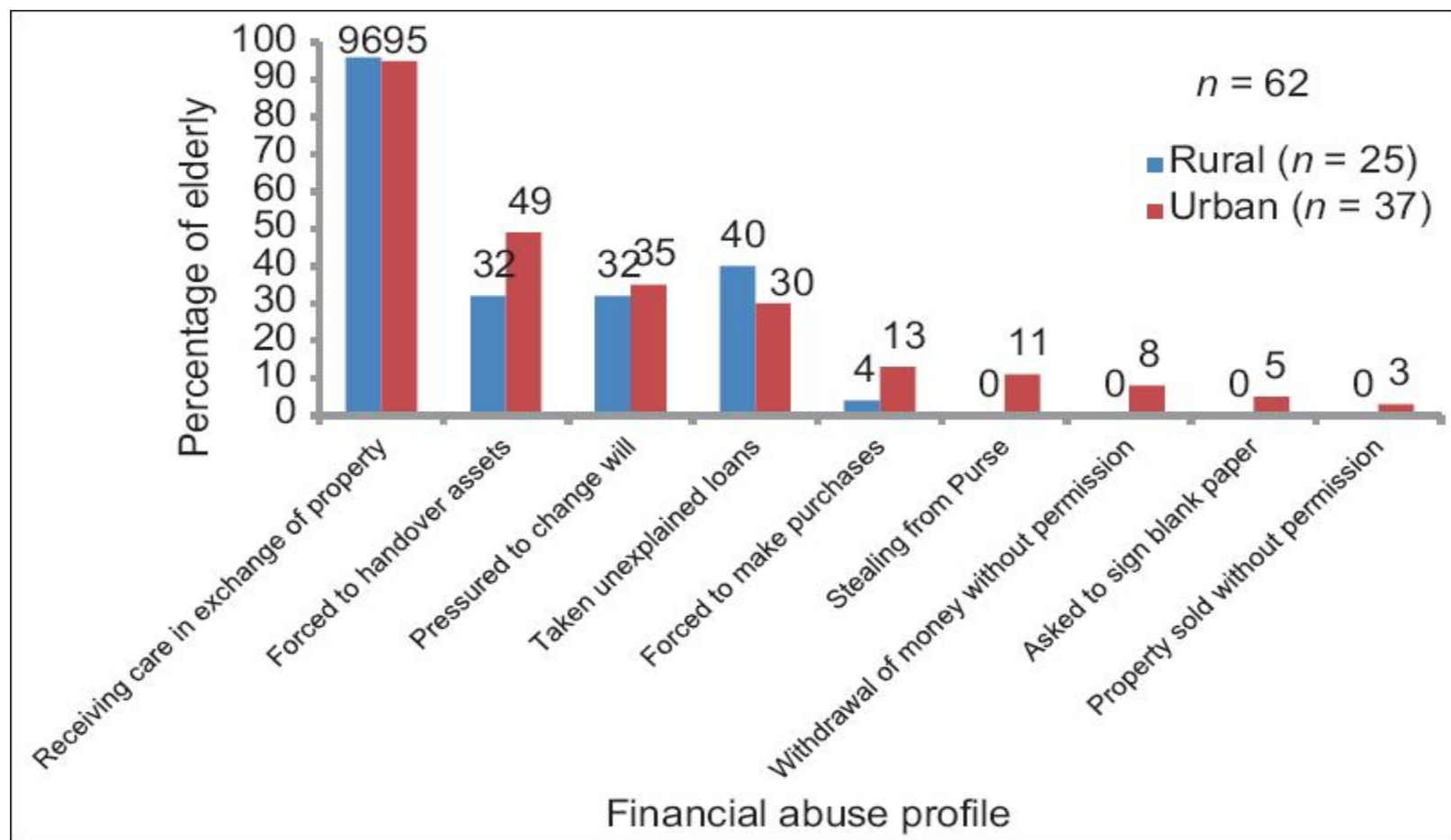
# Financial abuse



Kaur J, Kaur J, Sujata N. Comparative study on perceived abuse and social neglect among rural and urban geriatric population. *Indian J Psychiatry* 2015;57:375-8



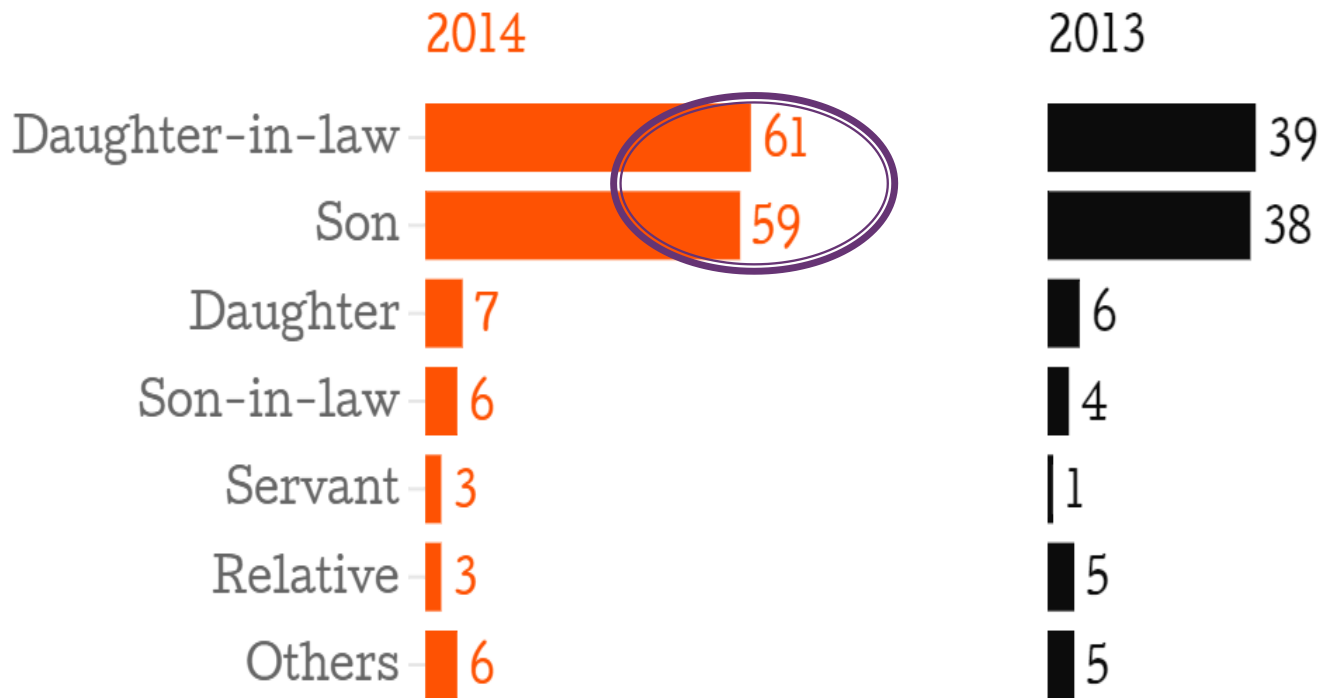
# Social neglect



Kaur J, Kaur J, Sujata N. Comparative study on perceived abuse and social neglect among rural and urban geriatric population. Indian J Psychiatry 2015;57:375-8

# Perpetrators: Trodding the trodden

Perpetrators of elderly abuse (percentage)

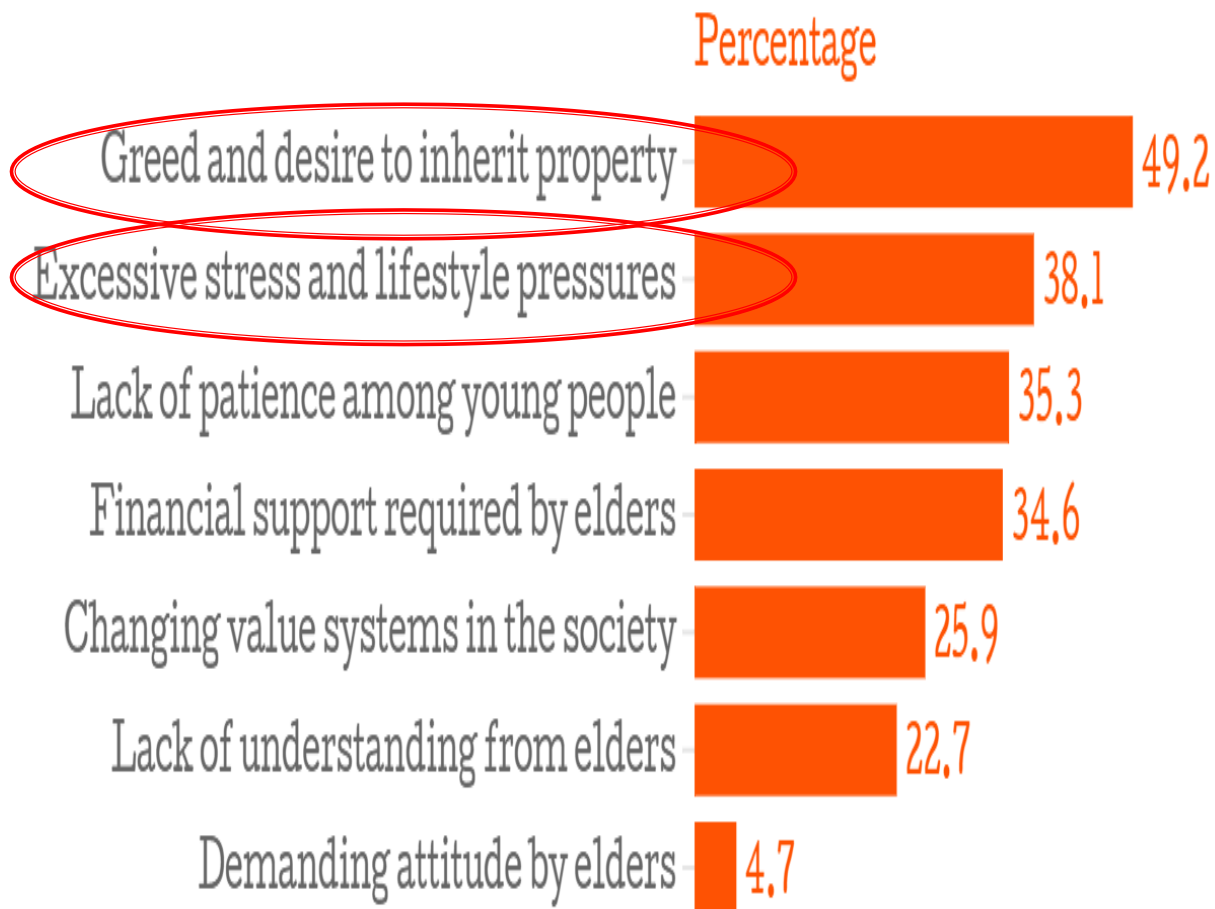


Scroll.in

बहु बहुमत में है

Data: HelpAge India, 2014

## Factors contributing to elderly abuse according to young adults



# Risk Factors Associated with Elder Abuse

Caregiver	Elder	Environment	Institutional
<ul style="list-style-type: none"><li>• Substance abuse</li><li>• Mental illness</li><li>• Financial dependence on elder</li><li>• Unemployed</li><li>• Long duration as caretaker</li></ul>	<ul style="list-style-type: none"><li>• Physical/functional impairment</li><li>• Financial dependence on caregiver</li><li>• Low social support</li><li>• Female</li><li>• Advanced age</li><li>• Incontinence</li><li>• History of family violence</li></ul>	<ul style="list-style-type: none"><li>• Shared living situation</li><li>• Overcrowded living conditions</li><li>• Social isolation</li><li>• Lack of family support</li></ul>	<ul style="list-style-type: none"><li>• Poor working conditions</li><li>• Inadequate training or supervision of staff</li><li>• Low wages</li><li>• Low staff-to-patient ratios</li></ul>

## Signs of Possible Elder Abuse

- Bruises, cuts and other physical harm
- Sudden changes in behavior
- Unclean or unsafe living conditions
- Poor personal hygiene
- Dehydration or malnutrition
- Unexplained, sudden legal changes or financial transactions
- Disappearance of personal possessions
- Misuse of prescription medicines
- Another person insists on being with the older adult at all times
- Previously uninvolved relatives show sudden interest in the older adult's affairs

Families should know the signs of financial abuse to protect their loved ones.



- No recollection of financial transactions.
- Unexplained bank account activity.
- Unpaid bills.
- Documents with strange signatures.
- Change in power of attorney.
- Changes to wills, trusts, or life insurance.
- New friendships or partners.
- Missing cash or valuables.

# Effective Ways of Dealing with Abuse

Sensitise children and strengthen inter-generational bonding: **38%**



Increase economic independence of elders: **37%**



Sensitise adults: **35%**



Develop robust redressal system: **25%**



# HELPLINES for who had been our LIFELINES



# Where ETHICS fails; LAW bails

## LAWS

- Rules
- Written down
- Include punishment (fines, prison, execution)

- Provide guidance on how to behave
- Help keep society stable

## ETHICS

- Guidelines
- Often unwritten
- May include informal punishment (social isolation)





FREE Updates! Simply log on to:  
www.bareactsonline.com

PROFESSIONAL'S™

## Maintenance & Welfare of Parents & Senior Citizens Act, 2007

**BARE ACT**  
With Short Comments

PROFESSIONAL BOOK PUBLISHERS

# Support System For The Old

▶ 'Maintenance & Welfare of Parents & Senior Citizens Act, 2007' to be implemented in Delhi from October 1

▶ Nine tribunals – to be started across nine districts – will be headed by Additional District Magistrate rank officers. Two members to be drawn from social sector

▶ Senior citizens can advocate their cases, or authorise a relative or friend to put forth their case before tribunal

▶ Tribunal's prime approach to be reconciliatory. District social welfare officers to be appointed as maintenance or conciliation officers

▶ Cases to be settled within three months, order can be challenged in appellate body

▶ Tribunal can issue notice to children and relatives, and directions to police to take action

▶ Maintenance of up to a maximum limit of Rs 10,000 may be imposed on children

▶ If people responsible for taking care of senior citizens abandon them, they can be jailed for three months or fined up to Rs 5000 or both.



## The Changes That Matter

The Maintenance and Welfare of Parents and Senior Citizens (Amendment) Bill 2018 has been finalised to provide better care to the elderly. The main amendments:

**Definition of “child”**  
responsible for care of an old parent has been expanded

**2007 Act:**  
Only included son, daughter, grandchildren

**Amendment:** Now includes daughter-in-law, son-in-law, minor through a guardian, a relative of a childless senior citizen

### CAP ON MAINTENANCE

- **2007 Act:** ₹10,000
- **Amendment:**  
No financial cap

### PUNISHMENT FOR ABANDONMENT

- **2007 Act:** Imprisonment upto 3 months, fine Rs 5,000 or both
- **Amendment:** 3-6 months imprisonment, fine upto ₹10,000 or both

# SOS Apps for Mishaps





## Agecare/ Physiocare Centres

**Supports over 16,000 elders in physiocare centres across 22 States**

- Infrastructure costs for starting a physiotherapy centre is Rs 2.5 lacs

*Elderly are impacted by the onset of arthritis and other related disease. Physiotherapy restores their ability to work and therefore earn their living.*

# Cancer and Palliative Care

Last year, over 7500 patients and their families were provided help



- ❑ Help age India provides palliative care to end stage patients suffering from Cancer.
- ❑ Minimum Rs 75,000 per patient is required to support for a 3 year period



## Old Age Homes/ Day Care Centres

Over 60 old age homes  
supported across the country  
every year

*A roof over their heads is the critical,  
need of the destitute, the sick and  
the abandoned, the uprooted by  
disasters and emergencies.*

# AdvantAge Centres

- Urban elders face loneliness and isolation.
- AdvantAge Centres provide like-minded elders with the space to come together and means to engage in socially useful productive work.



- Each center can be supported by a one-time capital expenditure of Rs 3.5 lacs

*Outcome: elders perceive themselves as useful contributors to society, regain self confidence, live happy, healthy lives.*

# Foster Parents: An Idea to invent



We believe that support & friendship can help empower the elderly to live life to the fullest, without having to uproot and move into expensive, institutional care.

[www.mayacare.org](http://www.mayacare.org)



They were always there for you

AMITABH BACHCHAN

**102 NOT OUT**

A FILM BY UMESH SHUKLA

RISHI KAPOOR

**OFFICIAL TRAILER**

बाप COOL  
बेटा OLD SCHOOL  
4 MAY

HD

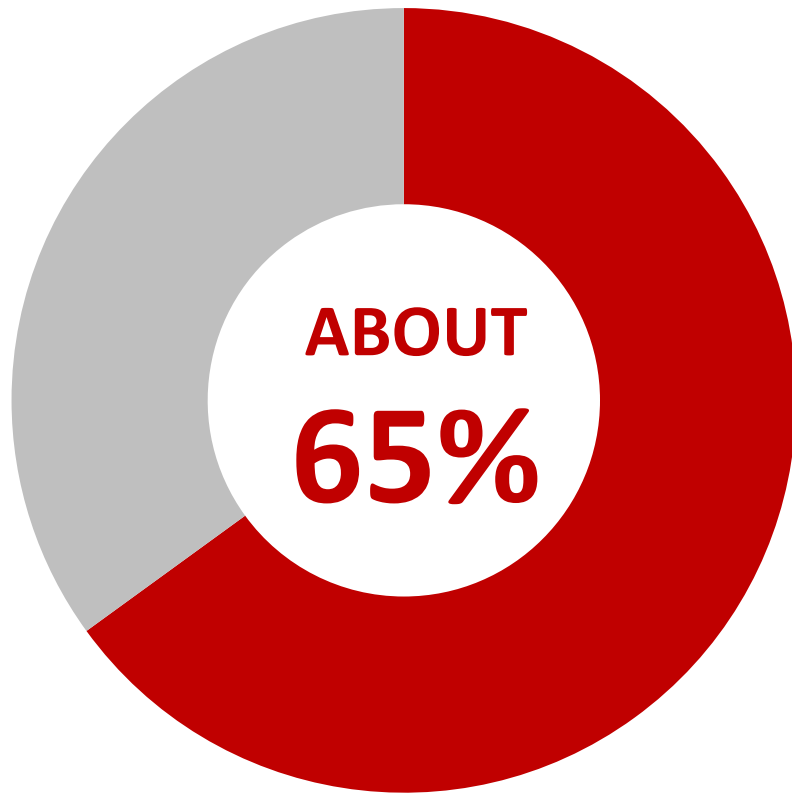
BENCHMARK PICTURES

[/SONYPICTURESOFINDIA](#) [/SONYPICSINDIA](#) [/SONYPICTURESIN](#) [/SONY PICTURES INDIA](#)

The poster features a cartoon illustration of two elderly men sitting on a park bench in the foreground, with a city skyline in the background. In the center, a photograph shows Amitabh Bachchan, with a white beard and glasses, wearing a pink blazer and blue trousers, walking on a red scooter. Rishi Kapoor, wearing a yellow shirt and brown trousers, is riding the scooter. The overall scene is set in a park-like environment with a city skyline in the background.

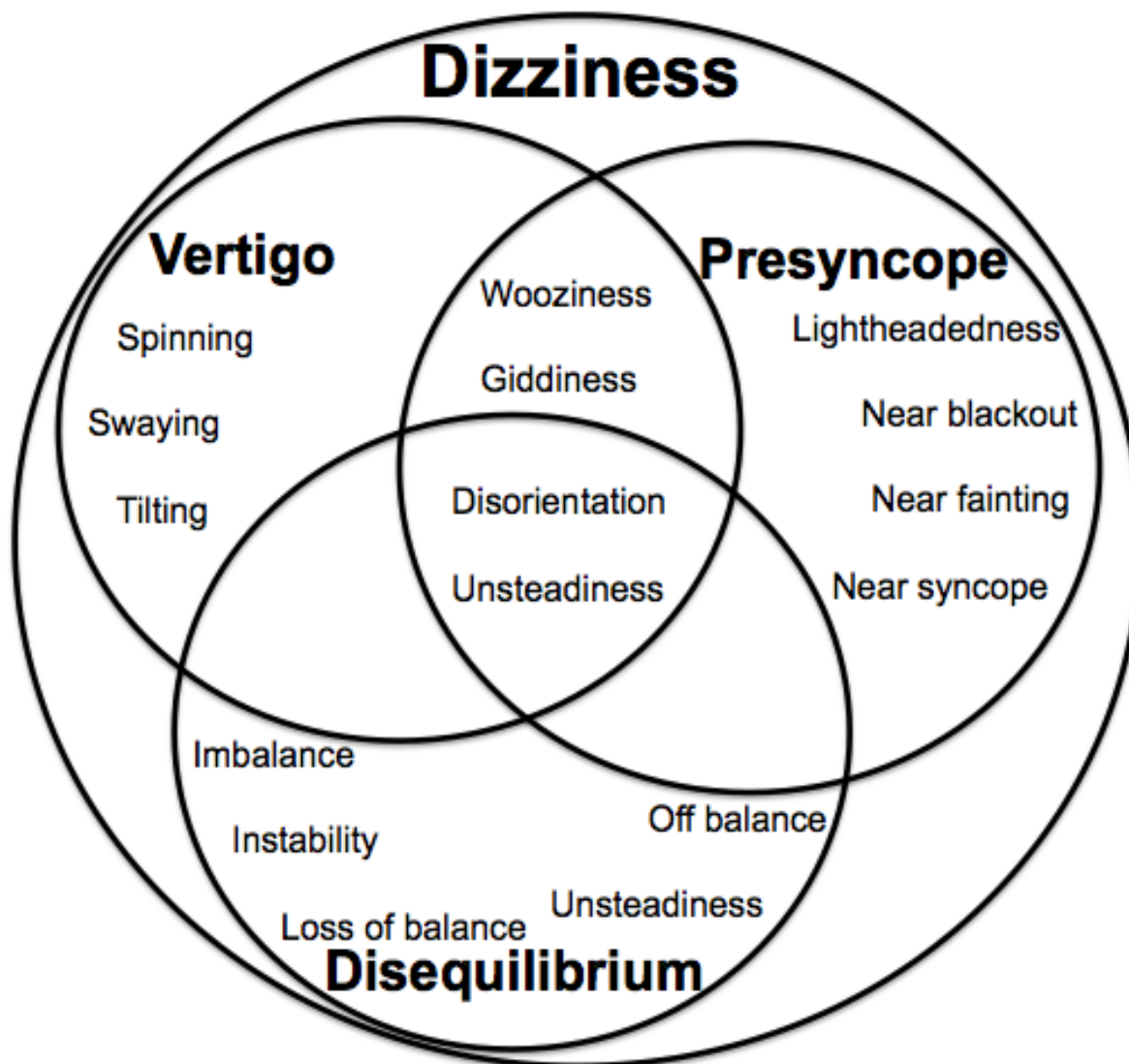
If nothing NEW, just do the DUE

# Dizziness in elderly

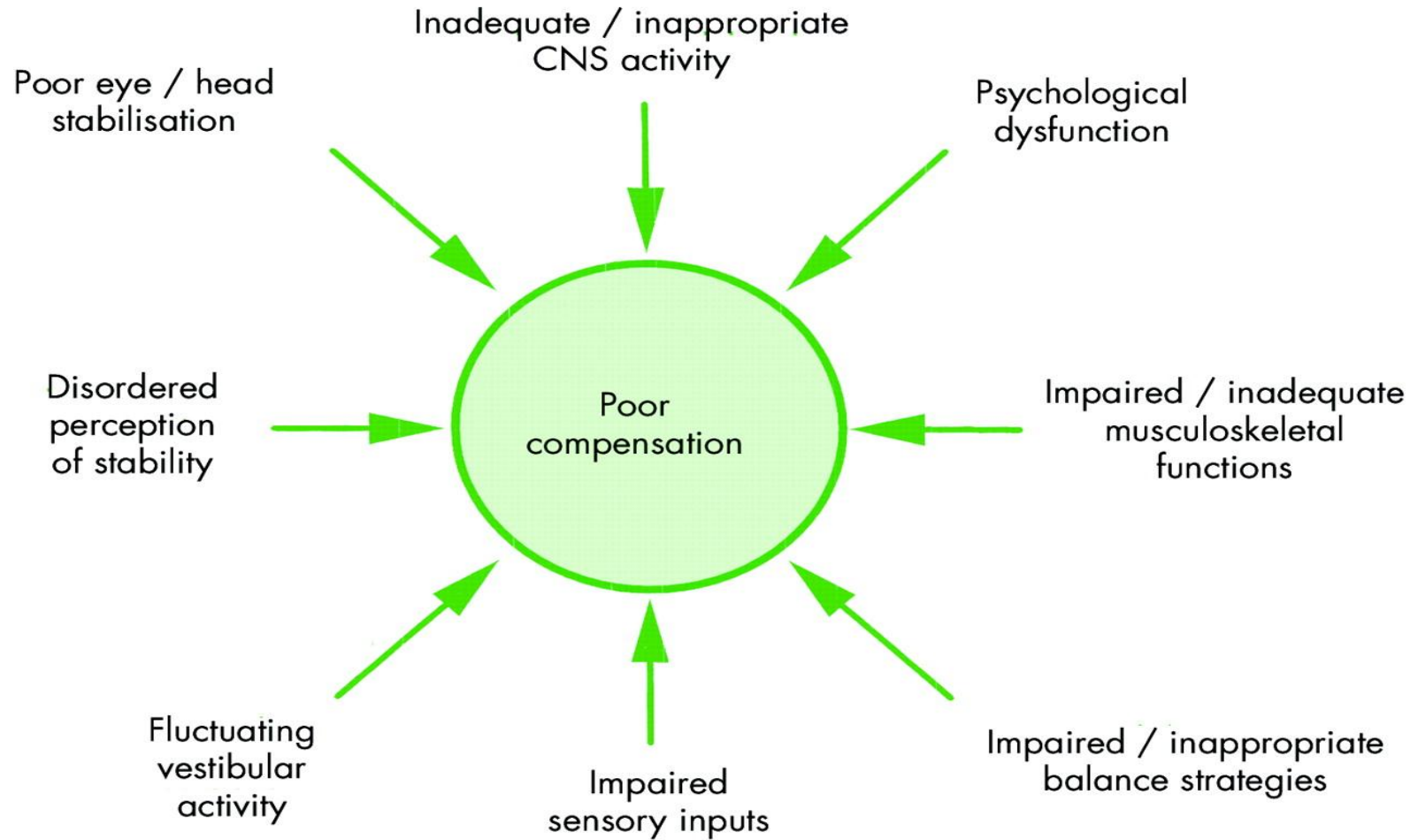


Of people over the age of 60 experience dizziness and loss of balance, often daily.

# Same vices in various disguises



# Reason for being dizzy: Easy



# Common causes in elderly

## Medication side effects

- ❑ Antidementia
- ❑ Antipsychotics, antidepressants
- ❑ Mood stabilizers, anxiolytics
- ❑ Antihypertensives
- ❑ Antiinflammatory, muscle relaxants
- ❑ Anticonvulsants

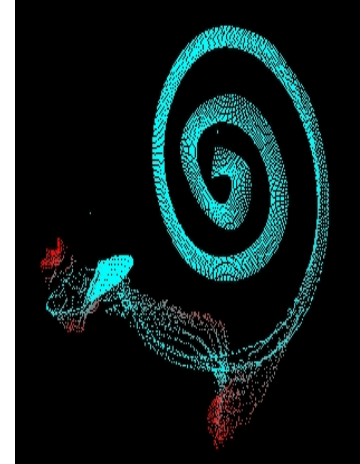


Management: Rationalization, prevention

# Common causes in elderly

## Ear problems

- ❑ Ear motion sensors disturbed
- ❑ Feel world or surrounding spinning
- ❑ Transient- Menieres, Migraine, TIAs
- ❑ Persistent peripheral- BPPV, Labyrinthitis, hearing loss
- ❑ Persistent central- Encephalitis, neoplasm, cerebellar degeneration



Management: Etiology specific

# Common causes in elderly

## Low blood sugar or iron

- ❑ Inadequate nutrients
- ❑ Diabetes on medication
- ❑ Anemia



Management: Sugar & Iron suppl

# Common causes in elderly

## Poor circulation

- ❑ Low blood pressure
- ❑ Circulation insufficiency/problems



Management: Medication & advice



# Common causes in elderly

## Dehydration

- ❑ Less of drinking water
- ❑ Body water loss



Management: Water replenishment

- ❑ Ensure adequate hydration and nutrition
- ❑ Healthy & stress free life style
- ❑ Regular review of medication
- ❑ Routine preventive checkup
- ❑ Specific treatment for specific illnesses
- ❑ Rehabilitative/resilience building

Count by mileage & not by age



**THANK YOU**