

DISCLOSING BAD NEWS

Sharing life altering
information



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Sharing



Bad news....?

- ❑ “Any information which adversely and seriously affects an individual's view of his or her future”

Goals of breaking bad news

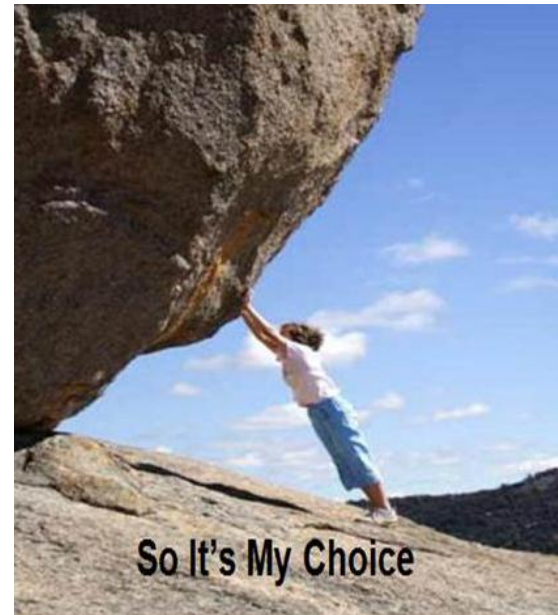
- ❑ Gather information
- ❑ Providing information
- ❑ Provide support
- ❑ Strategy for treatment plan

Blocks : why we find it difficult?

- ❑ Technical proficiency Vs lack of communication skills
- ❑ Deficient knowledge
- ❑ Burnout/ fatigue
- ❑ Fear of being blamed
- ❑ Evoking emotional reaction in others
- ❑ Expressing emotions
- ❑ Fear of not knowing all the answers
- ❑ Fear of unknown and untaught

Why we find it difficult?

- ❑ Time constraints
- ❑ Afraid of facing emotional reaction
- ❑ Easy to have dialogue on cognitive level
- ❑ LFT
- ❑ Personal vulnerabilities:
personal fear of illness & death



How to break the “.....” news?

- ❑ Be empathetic
- ❑ Be simple
- ❑ Allow person to share / express
- ❑ Allow person to ask question
- ❑ Don't trivialize or terribalize
- ❑ Be supportive





Thank you

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