





Psychiatrist 9820134944/ 26213500/ 26134944

### State True/ False

- Excessive drinking causes alcoholism.
- Regular drinking is alcoholism
- Alcohol abuse is not a problem.
- All social menace due to alcohol is because of alcoholics
- Alcohol problem is problem of will power
- All alcoholics are crooks/ criminals/ and a pain in the...



### Single symptom that defines characteristic of Alcoholism is

- Regular drinking
- Excessive drinking
- Increasing drinking
- Withdrawals
- Drinking and vomiting
- Drinking and dancing
- Unable to stop
- Preoccupied with procuring alcohol



#### What is the problem with an alcoholic?

- Does not understand how much to drink?
- Has a weak will power
- Is an irresponsible person
- He is of a bad character
- He is mad
- He is a sick person



#### Which describes the illness of alcoholism best?

- It is a problem of temptation and will power circuit
- It is a problem of reward circuit
- It is a problem of prefrontal activity
- It is a problem of hypothalamic/ thalamic activity
- □ It is a problem of DOPA, GABA, GLU, 5HT, ENK systems
- It is a genetic problem



### No one had it but you have it!

How can it be a genetic problem?	
Why should I treat alcoholism?	



# Arrange in logical sequence: If you know one of your patients is an alcoholic!

- Call up Police
- Call a Psychiatrist
- Call the family
- Call rehabilitation centres
- Educate the person
- Put him on medication
- Call an AA person



### Patient unwilling for treatment what would you do?

- Show him "Devdas" the film
- Make an emotional appeal
- Get angry on him, tell him how your father has treated his father and ....
- Contact an AA person
- Contact a Deaddiction expert
- Contact local police
- Contact a local Bhai



### How many alcoholics improve?

- All who take treatment
- All who go to AA
- All who go to rehabilitation centres
- All who go to Psychiatrists
- All who go to Dr Ashish Deshpande
- All who do not go to Dr Ashish Deshpande
- Very few who have the mental flexibility to change from impulsivity to analytical thought!



# Which of the following drugs can be used during residential detoxification?

- Inj Thiamine
- B Complex
- Vitamin C
- Chlordiazepoxide
- Lorazepam
- Diazepam
- Acamprosate
- Eptoin/ Carbamazepine/ Topiramate



## Which of the following is not an anti-craving substance?

- Baclofen
- Naltrexon
- Acamprosate
- Disulfiram
- Chlordiazepoxide
- Aripiprezole, Olanzepine, Clozapine
- SSRIs
- Rajasthan Aushadhalaya



#### What do these numbers indicate?

- **104**
- **022 23016767**
- **022 26213500**
- 09820134944
- **09819783502**
- **07710074570**

