

# Organ Donation & Counselling

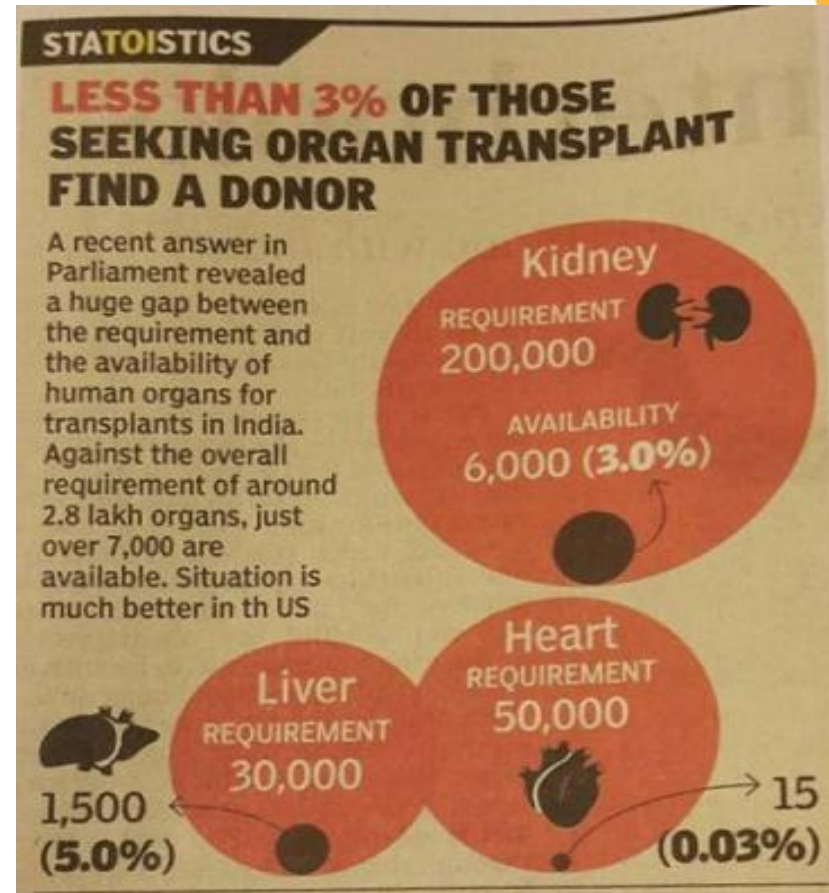


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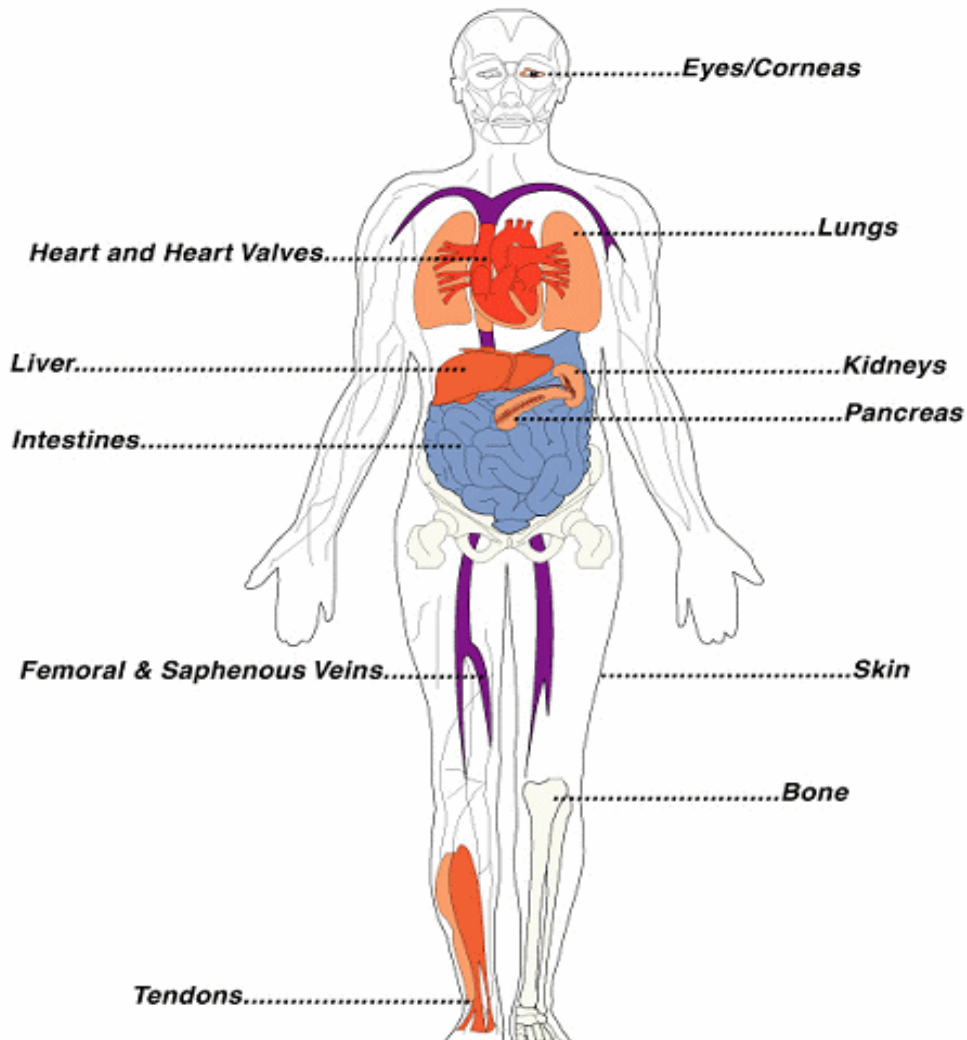


# INDIAN SCENERIO OF TRANSPLANT....

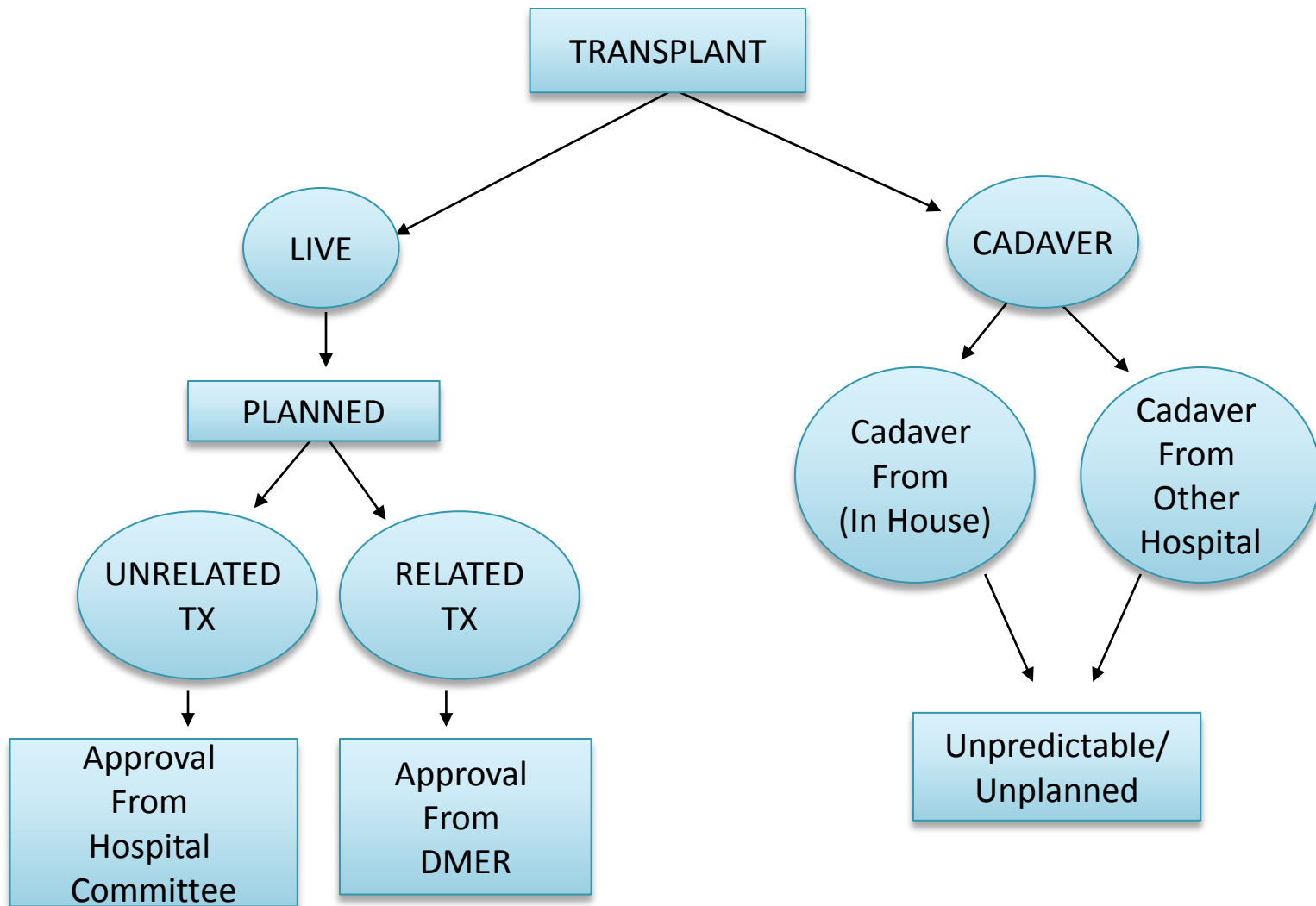
- ❑ In INDIA around 6000 people die everyday waiting for organ transplant.
- ❑ Every 17 minutes someone dies waiting for transplant.
- ❑ Every 13 minutes someone is added to a waiting list.



# Organs & Tissues for Donation



# Organ Transplant



# Counselling required

- ❑ Live Donor Counselling - Near Relatives of Recipient for
  - Fear of donation of Organ
  - Medical Information
  - Moral support & Building confidence for donation
- ❑ Deceased Donor counseling( Grief Counselling)

- ❑ There has to be a **designated & trained** person to make & co-ordinate the request for organ donation.

# Transplant coordinator plays different role

- ❑ Coordinator
- ❑ Grief counselor
- ❑ Motivator
- ❑ Advocate
- ❑ Educator
- ❑ Change agent

# Rapport building with the family

- ❑ Family assessment
- ❑ Socio-economic status
- ❑ Religious orientation
- ❑ Provide continuous information about the patients condition to the relatives



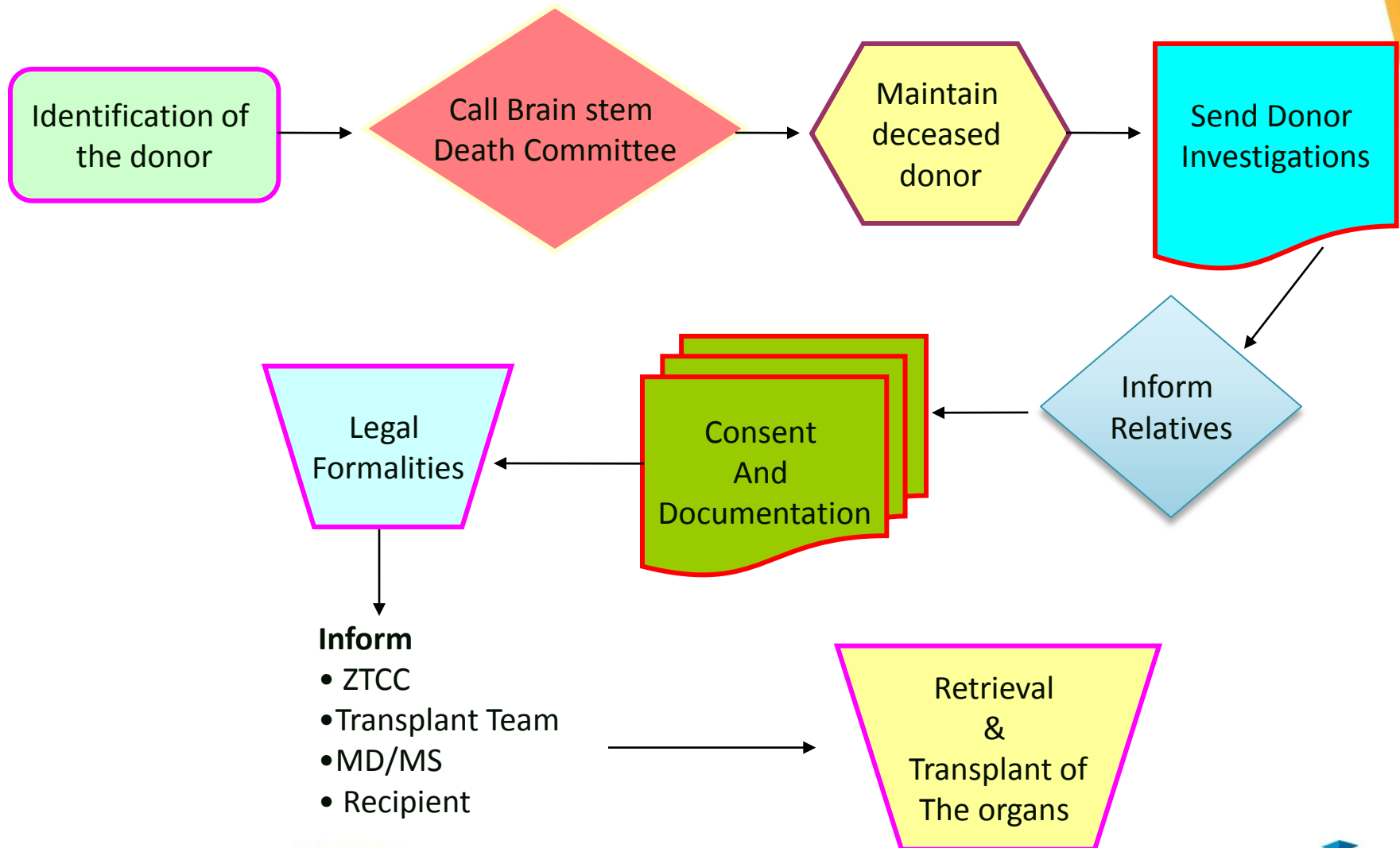
# RAPPORT ESTABLISHMENT

- ❑ IDENTIFYING IMPORTANT MEMBER IN FAMILY-PROBABLY DECISION MAKER
- ❑ SOCIO-ECONOMIC BACKGROUND

# RAPPORT ESTABLISHMENT (CONT.)

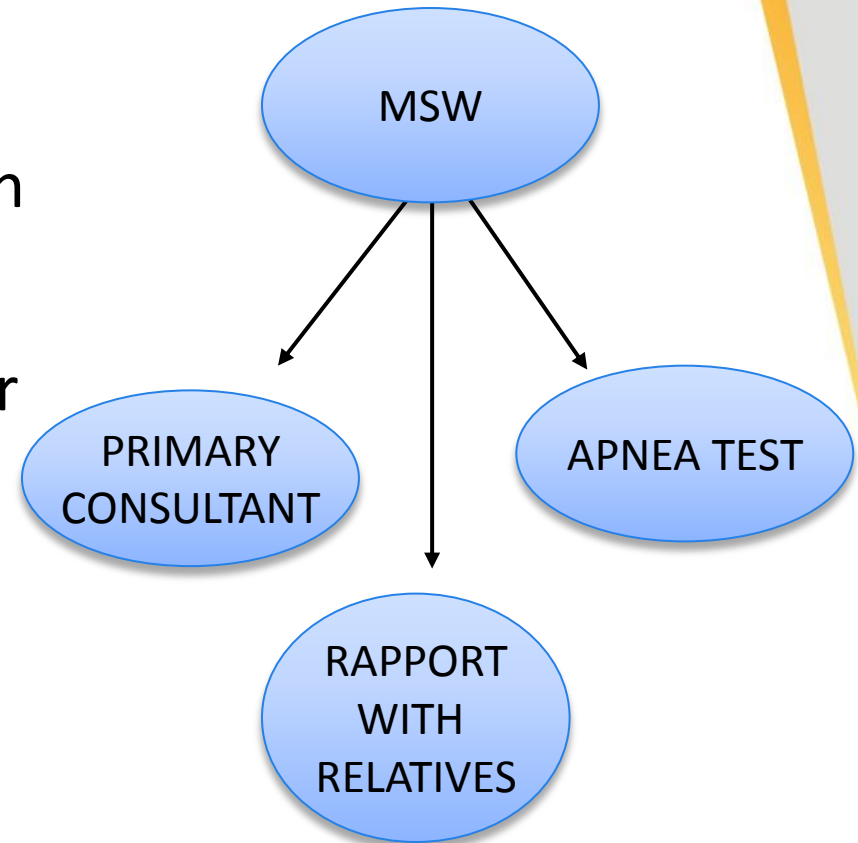
- ❑ TRY TO FIND OUT-WHETHER AND HOW MUCH ARE RELATIVES AWARE ABOUT PATIENT STATUS
- ❑ SPEND QUALITY TIME WITH FAMILY
- ❑ HELP FAMILIES TO UNDERSTAND THEIR PATIENTS PROGNOSIS

# Process flow

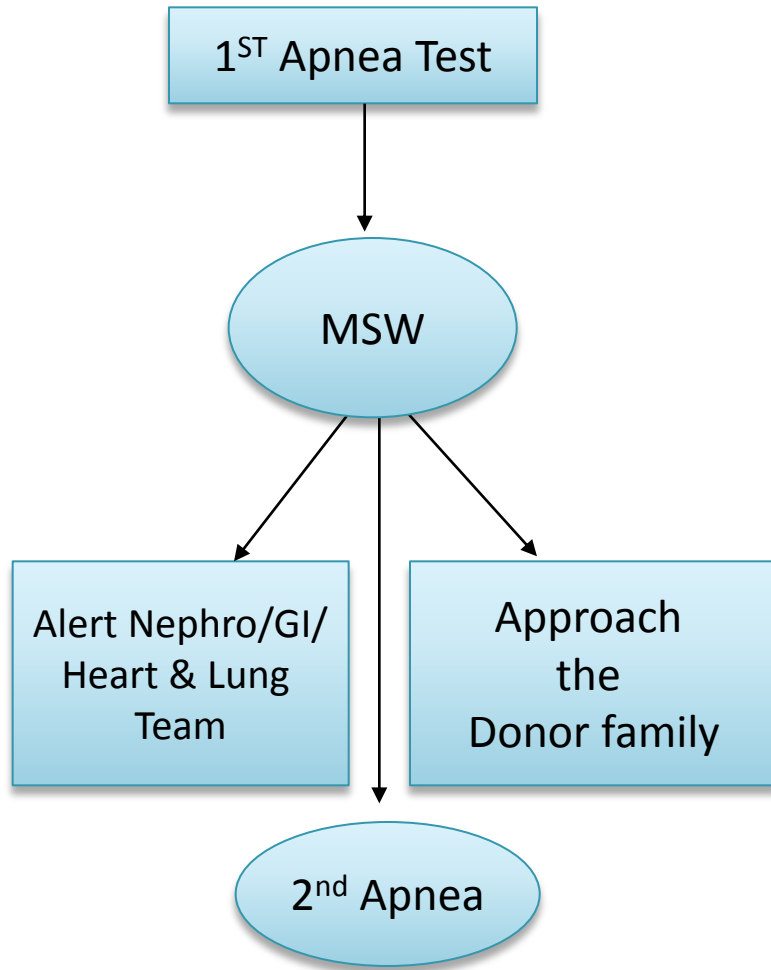


# Call Brain Stem Death Committee

- ❑ Before counseling the family, MSW talks to the concerned consultant if he/she is okay with the idea of organ donation.
- ❑ If yes, fix up an appointment for the apnea test.
- ❑ MSW Builds rapport.
- ❑ MSW Contacts doctors for the Apnea tests



# Declaration & Approaching the family



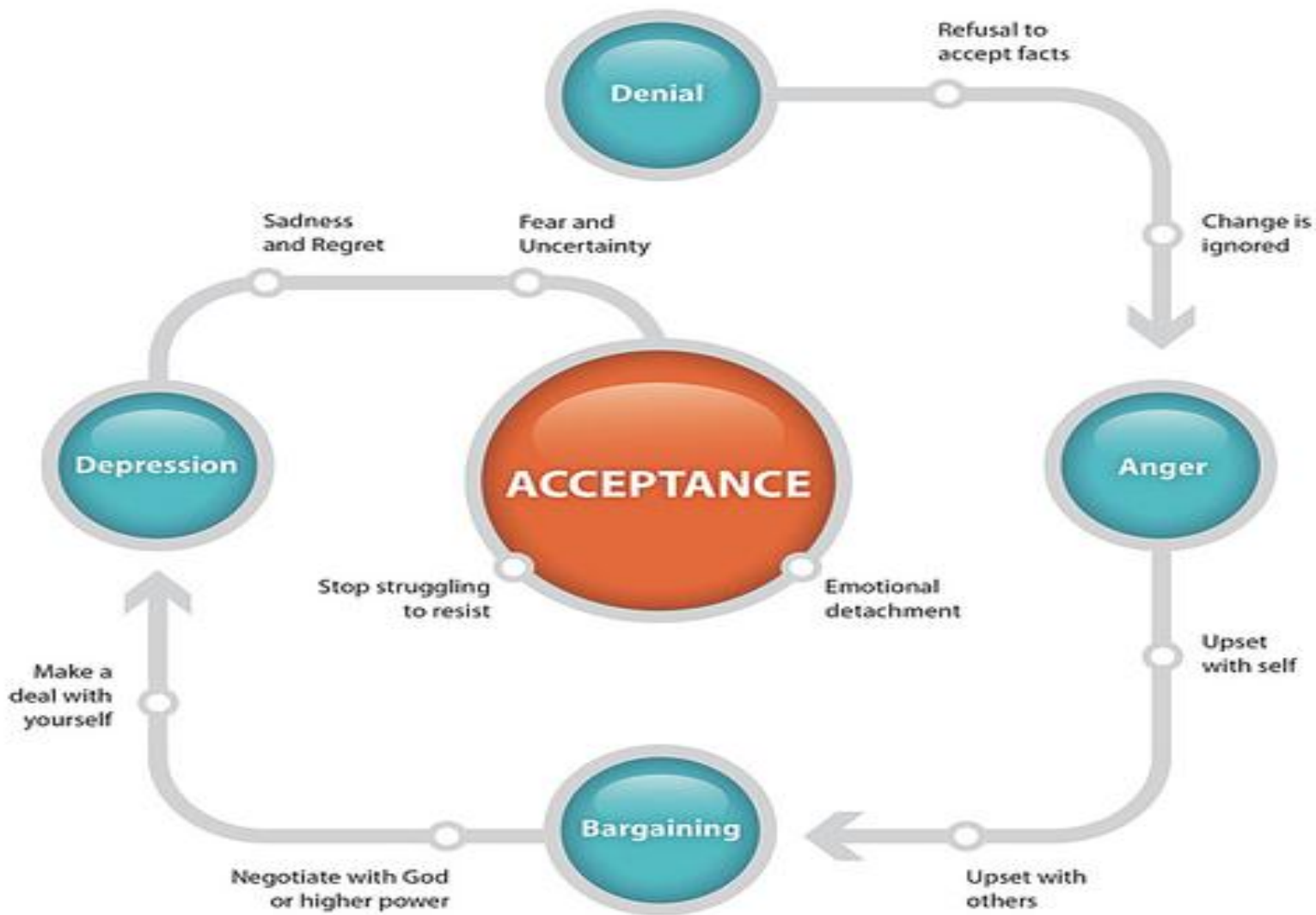
- ❑ After 1st Apnea test- Declaration of Brain Death to relatives
- ❑ Do the necessary tests for donor fitness.
- ❑ Approach the donor family for Organ Donation.

# Treating physicians declares death to the relatives

- ❑ After performing the first set of brain death tests
- ❑ In the presence of the TC
- ❑ Emphasize the word “ death ”
- ❑ Not to use words like “patient” or “ life support”

- ❑ MOST DEPRESSIVE MOMENT IN OUR LIFE
- ❑ MOST DIFFICULT TO ACCEPT THE LOSS OF THE BELOVED







# WHAT WE CAN DO AS COUNSELLERS



# AS TXC OR COUNSELLORS

- ❑ Help the survivor actualize the loss
- ❑ Help the survivor to identify and express feelings
- ❑ Assist living without the deceased
- ❑ Provide time to grieve
- ❑ Provide continuing support



Nobody can go back  
and start a new  
beginning,



but anyone can  
start today and  
make a new  
ending...

# SITTING ARRANGEMENTS



CLOSED ROOMS  
FOR DISCUSSIONS

# IMPORTANT

- ❑ FAMILY MAY HAVE NEVER BEFORE COME ACROSS SUCH A SITUATION
- ❑ NOT AWARE OF MEDICAL TERMS
- ❑ THEY ARE IN COMPLETELY DISTURBED STATE OF MIND - GRIEVING
- ❑ DEATH OF BELOVED IS DIFFICULT TO DIGEST
- ❑ BRAIN DEATH, APNEO ARE NEW WORDS FOR THEM



# POTENTIAL DONOR FAMILIES HAVE MANY QUESTIONS DURING END-OF-LIFE DISCUSSIONS



# ONGOING COUNSELLING

- ❑ COUNSELING STARTS WHEN THE PATIENT IS ADMITTED
- ❑ LISTENING
- ❑ COMMUNICATION

# LISTENING

ONE OF THE  
METHODS OF  
COMMUNICATION





# ELEMENTS OF FAMILY COMMUNICATION

- ❑ PROVIDE UP-TO-DATE INFORMATION IN SMALL AMOUNTS
- ❑ MINIMIZE THE NUMBER OF STAFF MEMBERS WHO TALK TO THE FAMILY ABOUT BRAIN DEATH
- ❑ SET ASIDE TIME FOR FAMILIES TO ASK QUESTIONS
- ❑ CHOOSE WORDS CAREFULLY WHEN TALKING WITH THE FAMILY ABOUT THE PATIENT'S CONDITION

# ELEMENTS OF FAMILY COMMUNICATION (CONT.)

- USE VISUAL AIDS (Flip Charts) TO DESCRIBE THE BRAIN INJURY AND CLARIFY THE CONCEPT OF BRAIN DEATH



A TREE  
IS ALIVE ONLY  
BECAUSE OF ITS  
ROOTS



CAR  
WITHOUT  
ENGINE



- ❑ REACHING OUT
- ❑ CONTROLLED EMOTIONS
- ❑ SUPPORT
- ❑ REALITY ORIENTED
- ❑ UNIVERSALIZATION
- ❑ IMPARTING KNOWLEDGE
- ❑ ACTIVE LISTENING
- ❑ EFFECTIVE QUESTIONING
- ❑ CLARIFICATION
- ❑ REMOVING GUILT FEELINGS

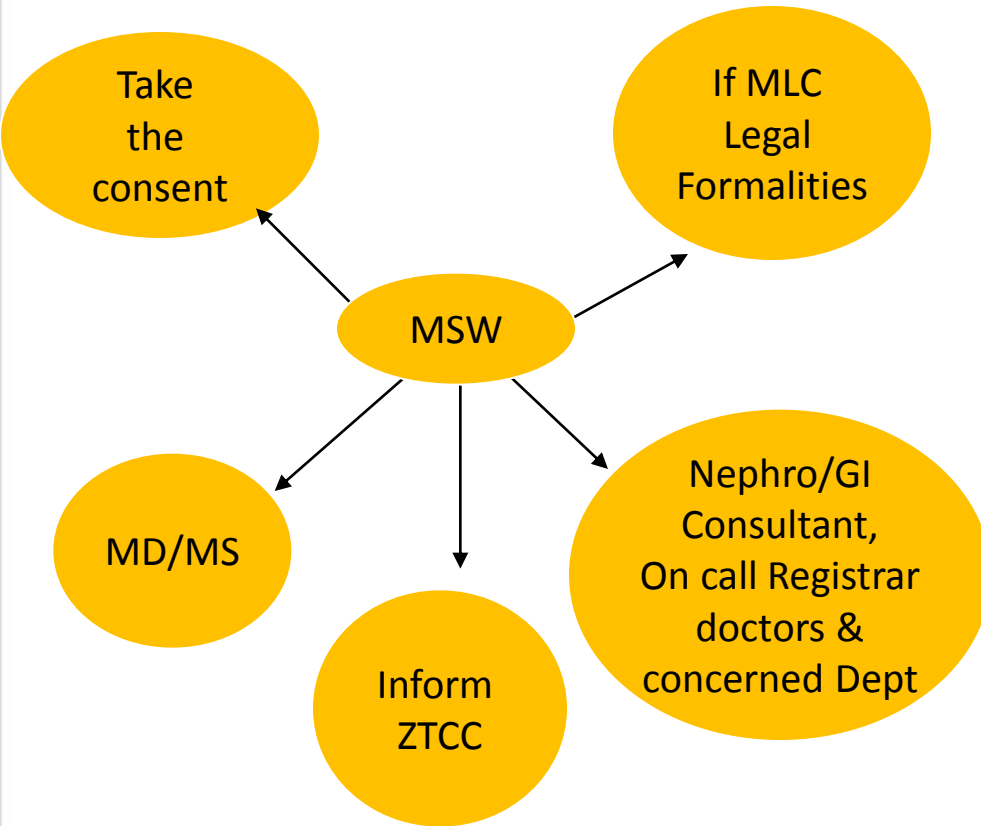
## Be A Good Listener

### Listen To Their Verbal & Non-verbal Messages

- ❑ Be Genuine
- ❑ Be Non-judgmental
- ❑ Express Acceptance
- ❑ Be respectful.
- ❑ Become comfortable with silence.

- ❑ Be a skilled listener.
- ❑ Normalize practically everything.
- ❑ Avoid judgment.
- ❑ Take action
- ❑ Keep your promises
- ❑ Be sensitive to cultural, ethnic, and family traditions

# Consent & Legal Formalities



- ❑ After willingness of relatives for organ donation MSW takes the consent.
- ❑ If Medico legal Case (MLC) MSW starts legal formalities.
- ❑ MSW Informs ZTCC about the donor.
- ❑ MSW inform MD, MS, Nephro/GI consultant, Heart & Lung team or on call registrar doctors and concerned departments.



# Consent

- ❑ Allow the family time to consider organ donation
- ❑ Take written consent on form no 8 & 10  
(For Below 18 years- Form No. 9)
- ❑ If it is MLC start procedure for NO OBJECTION CERTIFICATE, & panchanama from police

# Whose consent is required?

- ❑ As per the H O T A 1994 only the close relative can give the consent
- ❑ The word “close relative” is defined as
  - Spouse
  - Father
  - Mother
  - Brother
  - Sister
  - Son
  - Daughter

It is important to show the same support to the family even if they say “No” & respect their decision

